

CURRICULUM VITAE.

April, 2024

1. **Name:** *Dr Kevin John Robert WRIGHT*2. **Qualifications:**

No	Date Obtained	Degree or Diploma	Subject(s)	University or College
1.	20 Sept., 2017	Fellowship		British Psychological Society
2.	5 Dec., 2011	Associate Fellowship		British Psychological Society
3.	8 July, 2010	PhD - Doctorate		University of Abertay, Dundee
4	Sept., 2007	Post Qualification Certificate in Social Work (PQSW)		London Metropolitan University
5.	May, 2007	Chartered Scientist	Psychological Science	British Psychological Society
6.	Aug. 2002	Accredited Member	Psychotherapy	British Ass. For Counselling & Psychotherapy (MBACP)
7.	Dec. 2001	Registered Member & Supervisor	Counsellor, Psychotherapist & Supervisor in Primary Care	Ass. of Counsellors & Psychotherapists in Primary Care (CPC)
8.	June, 1999	Diploma in Integrative Psychotherapy	Integrative Psychotherapy	Minster Centre
9.	Sept. 1997	Chartered Counselling Psychologist – C. Psychol.	Counselling Psychology	British Psychological Society
10.	Nov. 1992	M.Sc. - Master of Science	Psychotherapy	Warwick University
11.	July 1992	CCETSW Practice Teaching Award		South Bank Univ.
12.	Sept. 1977	M.A. - Master of Arts	Applied Social Studies	Brunel University
13.	Sept. 1977	C.Q.S.W. - Certificate of Qualification in Social Work		Brunel University
14.	June 1977	B.Sc. (Hons): 2nd Class.	Psychology	Birkbeck College London University
15.	Dec. 1971	Fil. kand. - Filosofie kandidat	Sociology 4 betyg = 2 yrs. + Distinctions in 2 betygs. Genetics 2 betyg = 1 yr.	University of Lund, Sweden
16.	June 1969	2nd betyg (level)	Swedish	Folksuniversity, Lund, Sweden.
17.	June 1967	Part 1 for B.Sc. (General)	Physics	The Royal Military College of Science, Shrivenham.

3. Education:

No	Dates		Fulltime = FT Parttime = PT	Subject(s)	University/ College
	From	To			
1.	Feb. '01	8 July, 2010	PT	Ph.D. by Research.	University of Abertay, Dundee
2.	Jan. '96	Dec. '00	PT	Ph.D. by Research.	Keele University. (Transferred to above)
3.	March, '09	Dec. '10	PT	IAPT for High intensity treatment Supervisors: CBT for Anxiety, Panic attacks, Social Phobia, Phobias, Depression etc	S.L.A.M. (South London & Maudsley Mental Health Trust)
4.	Sept.'90	Nov.'92	PT	M.Sc. in Psychotherapy.	Warwick University.
5.	Sept.'85	July '89	PT	Integrative Psychotherapy.	Minster Centre.
6.	Oct. '83	Nov. '83	PT	Approved Social Work.	Westminster - In Service.
7.	Sept.'82	June '83	PT	Family Therapy.	Institute of Family Therapy.
8.	Jan. '81	July '81	PT	Transactional Analysis & Gestalt Therapy.	South Western College.
9.	Jan. '80	June '80	PT	Psychoanalytic Psychotherapy with Children, Adolescents & Parents.	Tavistock Inst. of Psychoanalytic Psychotherapy.
10.	Sept.'75	Sept.'77	FT	Applied Social Studies.	Brunel University, Uxbridge, Middlesex.
11.	Oct. '73	July '77	PT	Psychology	Birkbeck College London University, Malet St, W.C.1.
12.	Jan. '69	Dec. '71	FT	Sociology & Genetics.	Lund University, Lund, Sweden.
13.	Sept.'68	July '69	PT	Swedish.	Kursversamheten, Folksuniversitet Lund, Sweden.
14.	Sept.'66	July '69	FT	Physics	The Royal Military College of Science, Shrivenham, Wiltshire.
15.	Sept.'65	July '66	PT	Physics & Maths	Kingston College of Further Ed., Kingston, Surrey
16.	Sept '56	July '65	FT	Preparatory & Secondary Education.	St Joseph's College, Beulah Hill, London S.E.19.

4. Professional Experience:

1. Post: Expert Witness

Employer:

Diverse Agencies & Solicitors
e.g. The Expert Witness Panel; Psychology Direct;
Psychology Experts; Medical & Forensic Expert
Witness Services
& various Solicitor firms directly

Period: November, 2006 - Present

Description:

I have carried out expert witness reports as a psychologist and independent social worker for family assessments relating to child protection, parental ability assessments; family/marital disputes, domestic violence, parentification and parental alienation; cognitive assessments on each family member including assessments for ASD, ADHD & PTSD, and other Mental Health issues; and sometimes involving transcultural issues e.g., asylum seekers/victims of torture; risk assessment and psychological states assessments and immigration issues. I have also prepared assessment reports for damages hearings concerning; PTSD, trauma and Adjustment Disorder assessments for accident victims; medical damages claims; industrial/workplace accident injuries and I have also provided reports for mental health tribunals and coroner courts, etc. I provide anxiety & depression and cognitive assessments, particularly for non-English speakers using non-verbal cognitive assessment measures and for People with Learning Difficulties e.g., those suffering from Neurodiversity issues who maybe, for example, be involved in the criminal or family courts. I have carried out Independent Social Work and Psychological assessments for many local authorities including Surrey County Council; Kent County Council; West Sussex County Council; Brighton & Hove City Council & the London Borough of Hillingdon. I am on the UK Register of Expert Witnesses. Assessments can be face-to-face or online.

2. Post: Resilience Coach/ Consultant

Employer:

Crown Prosecution Service
Petty France
London SW1H 9EA

Workplace Wellness: to December, 2019
3500 Solent Business Park
Whiteley
Hampshire
PO15 7AL

Period: WW - November, 2015 – December, 2019

CPS – December, 2019 - Present

Description:

I run many stress/time management & well-being groups for lawyers, paralegals and their managers employed by the Crown Prosecution Service as part of the mandatory annual training with follow-up one-to-one consultations within the London service office. The sessions focus on issues that the staff bring up but often are around ways to improve sleep, assertiveness; effective communication with managers/supervisees; work planning; managing stress and time; and strategies for better work/life balance. Also run groups focusing on understanding grief & loss, and how to deal with and help victims or families of victims. Some groups were run online (due to Covid-19).

3. Post: Visiting Lecturer

Employer:

School of Psychology & Therapeutic Studies
University of Surrey, Roehampton
Whiteland's College
West Hill, London SW15 3SN

Period: February, 2003 (part-time) – June, 2004

Description:

Training Counselling Psychology 2nd year postgraduate students in Counselling using Cognitive Behavioural Therapy.

4. Post: Highly Specialist Chartered Counselling Psychologist

Employer:

Psychological Therapy in Primary Care
St George's Primary Care Trust
Springfield University Hospital,
61 Glenburnie Road,
London SW17 7DJ

Period: August, 2001 (part-time) – November, 2006.

Description:

To provide Brief Psychotherapeutic interventions for clients referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc.

5. Post: Chartered Counselling Psychologist - High-Intensity IAPT Primary Care

Employer:

South London & Maudsley NHS Foundation Trust
IAPT Lewisham (cluster2)
1st floor Lee Health Centre,
2 Handen Road
London SE12 8NP

Period: January, 2004 (part-time) – January, 2019

Description:

I provide brief psychotherapeutic interventions for clients referred within the IAPT Lewisham Service (Improve Access to Psychological Treatment) where I provide High-Intensity Treatment for those with more complicated problems relating to anxiety and depression in the Primary Care setting. As an Integrative Psychotherapist, I work with various modalities including Cognitive Behaviour Therapy (CBT); Psychodynamic Psychotherapy; Transactional Analysis (T.A.); Systemic Approach; Client-centred therapy (C.C.T) & Jungian Analysis (for Dream Analysis). Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc and treating Borderline and clinically depressed patients. Supervising trainee Counselling Psychologists on placement for doctorate programmes. Work with many ethnic minority groups including refugees e.g., many from the Indian sub-continent; Shri Lanka; Turkey, Cyprus, Poland, Russia; Czech Republic, Spain, Portugal, Afro-Caribbean, S.E.Asia, China, Afghanistan, etc. I have also been responsible for screening cases coming into the service and have a supervisory role as an 8a-level psychologist.

6. Post: Chartered Counselling Psychologist

Employer:

Waterloo Health Centre
5 Lower Marsh,
London SE1 7RJ

Period: June, 2001 (part-time) - December, 2003.

Description:

To provide Brief and Long-term Psychotherapeutic interventions for clients referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc and treating Borderline and clinically depressed patients with longer-term psychotherapy.

7. Post: Chartered Counselling Psychologist

Employer:

Hammersmith & Fulham
Association for Mental Health
MIND - IMPACT Team
153, Hammersmith Road
London, W14 0QL

Period: November, 1999 (part-time) - August, 2001.

Description:

I provided assessment and ongoing counselling/psychotherapy for clients with Mental Health problems who have found it difficult to engage with the statutory agencies, and who have isolated themselves from the community, using for the most part CBT/Solution Focussed methods as this method is more flexible in use for a diverse population with respect to age, sex and ethnic origin. The team with whom I worked consisted of outreach workers who were Social Workers, CPNs, and Housing & Community Support workers. I also assessed and designed psychological treatment plans for clients being seen mostly by other members of the team, I thus supervised and monitored the team's progress with these treatment plans. I was employed as the team's Clinical/Counselling Psychologist. I was supervised in this work by the Clinical Psychology Services Manager at Charing Cross Hospital.

8. Post: Emergency Duty Social Worker

(Senior Practitioner)

Employer:

Westminster Social Services
Emergency Duty Team
4th Floor
Frampton St
London NW8 4LF

Period: August, 1995 (part-time) – April, 2015.

Description:

I provided on-call emergency cover at night and weekends for the whole of Westminster. This required that I respond to all emergencies involving children, families, the elderly, the mentally ill, disability, etc. I was a holder of an AMHP warrant (Approved Mental Health Professional – formerly known as ASW – ASW- Approved Social Worker). I received ongoing in-service training in many areas, e.g., Risk Assessment, MH Practice in Diverse Communities, Mental Health and Child Care Law Updates, Innovations in Primary MH Care, etc.,

9. Post: Senior Counsellor/Consultant

Employer:

Personal Performance
Consultants (UK) Ltd.
2nd Floor
107 Fenchurch Street
London E.C.3M 5JF

Period: September, 1993 (part-time) - 31 March, 1999

Description:

I was employed as a Senior Counsellor/Consultant for a Company providing Employment Assistance Programmes to Companies mainly in the City. I provided Counselling and Brief Therapy (up to 8 sessions) to employees of those Companies and their family members. I offered Counselling and Therapy, much of which was based on CBT/Problem-focused methods and approaches for Individuals, Couples and Families. Much of my work involved working on stress (including trauma stress/critical incident response), time management, anxiety, panic attacks, phobias, obsessive-compulsive disorders, marital and family dysfunctions, depression, bereavement, etc. and some career guidance. I produced the company's first comprehensive Clinical procedures manual and I was also the company's Clinical representative for producing standards for ISO 9002 approval. I used to provide on-call cover and managed several accounts. During my time in this post, I received training in Solution Focussed Therapy and Trauma/Critical Incident Response Counselling.

10. Post: Senior Social Worker.

Mental Health Specialist

Employer: Social Services Dept.

L.B. of Lewisham,
Lewisham North,
St Paul's House,
Deptford High Street,
London S.E.8. 4NS

Period: July 1987 - September 1993 (Full-time).

September, 1993 (part-time) - January, 1998.

Description:

I was originally employed as the Mental Health Specialist for the local District Office. My primary responsibility was to provide a full Social Work Service to the clients/patients attending Speedwell Mental Health Centre. When the service was re-organised, I moved from the local mental health centre to the local district office where I managed the Mental Health team of eight workers of the Adult team and supervised directly two members of that team. At Speedwell I worked with a multidisciplinary Medical team and I was involved with assessment, planning and treatment decisions for the clients. I provided individual and marital short-term and long-term therapy mostly CBT but also included brief Cognitive Analytic Therapy (C.A.T). I have also run groups such as psychotherapy groups (mixed and for men only) and a Social Skills group using Video feedback techniques. I retained a caseload consisting of the more difficult or problematic clients. At least half of my clients were black or from Ethnic Minority groups e.g., Afro-Caribbean, West African, Vietnamese, Turkish Cypriot, Irish, etc. I also provided support and advice to other members of the multidisciplinary team and provided teaching seminars on various aspects of working with people with Mental Health problems. I represented the department on the Management Committee for the Centre, when there was a management committee and was on the steering committee for the development of a Crisis Intervention Team for which I wrote the Operational Policy. I also carried out the duties of an Approved Mental Health Professional (AMHP) under the Mental Health Act.

During my time in the above post, I also received extensive training in Critical Incident/Trauma Response and became a member of the Lewisham Trauma Response Team, which was available to respond at any time to any major Critical/Trauma Incident in the Borough.

11. Post: Free-Lance Trainer.

Employer: Croydon College,
Fairfield,
Croydon CR9 1DX

& London Borough of Croydon
Training Dept, Municipal Office
Fell Road, Croydon CR9 1BQ

Period: September, 1992 - July, 1995.

Description:

As I had been offering training in Lewisham since 1991 in Mental Health and Practice Teaching, I was employed by the above employers on a freelance basis between 1992-1995. I taught such topics as Skills & Tools of Supervision, Report Writing & Assessment, Direct Observation, Evidencing & Recording, Theory to Practice, etc., for Trainee Practice Teachers and Top-up training for other Practice Teachers. At all times I ensure that my approach involved the integration of anti-racist and anti-discriminatory practices. I also produced Mental Health training packages and I have trained trainee Counsellors/ Therapists in Transcultural issues in Psychotherapy. I was also a free-lance Practice Teacher Assessor/Consultant and Long-Arm Practice Teacher of Students mostly in Children and Families Teams where there was no accredited practice teacher available or in Residential Children's homes. I was a CCETSW Fully Accredited Practice Teacher.

12. Post: Senior Social Worker

Employer: Westminster Social Services
Area 1,
313, Harrow Road,
London W.9.

Period: April, 1982 - July, 1987.

Description:

I was a generic Social Worker in a long-term team. I had a mixed caseload, consisting of single-parent families, disturbed adolescents and mentally handicapped children in care, multiple problem families and those with Mental Health problems. With some families with difficulties, I used family therapy as a method of working. I trained a co-worker in this technique and worked with this worker in some families. I was also an Approved Social Worker.

13. Period: July, 1987 - Present.

Description: Other Activities

- i) At present I run a busy private practice offering short- and long-term integrative psychotherapy to individuals, couples and families. The modalities that I use are CBT; psychodynamic psychotherapy; Client-centred Therapy; Gestalt Therapy; Systemic Approach; and Solution-focused therapy. Transactional Analysis & Jungian approach with Dream & Fantasy analysis. I receive my referrals from private individuals or via several EAP providers. I also provide treatment for people referred by companies/law practices who are providing services for insurance companies requesting treatment for those suffering trauma including PTSD as a result of accidents, e.g., motoring, industrial or medical. I also provide regular Expert Witness reports for various agencies and solicitor practices for accident victims; family/childcare and criminal proceedings which may include requests for cognitive assessments. I have also been running many workshops for Senior Lawyers, Barristers, Managers and other staff in the Crown Prosecution Service, in London and around the country, including workshops on Resilience/Well-Being/Stress Management and dealing with bereaved families etc and also acting as consultant and working with individuals in the service for since 2017. Also, now working with clients online due to COVID-19.

- ii) From July 2016 to 2020 I was elected to be a member of the London & Home Counties BPS (British Psychological Society) Committee and from November 2018 I was elected to be a member of the BPS Male Psychology Section and continued to serve on this committee to the present.
- iii) I attend a monthly peer supervision group to assist me in my work. I have also supervised trainee Counselling Psychologists and other practising psychotherapists
- iv) In October 2011 I went to Baghdad where I spent a week teaching integrative psychotherapy techniques for treatment for PTSD/trauma to psychiatrists from all over Iraq by invitation from the Minister of Education in the Iraq government.
- v) I was a member of StarNet a research group for research into Mental Health in Primary Care for 4 years until the funding for the group ran out last year. I was also the Co-ordinating Counsellor for the Counsellors in Primary Care in Lambeth, where we sought to develop a unified service within the PCT until January 2004.
- vi) During the year 1999 I provided workshops for tutors and trainee Counsellors/Psychotherapist at the Psychosynthesis & Education Trust on Transcultural Issues in Psychotherapy & Counselling.
- vii) In 1992 I completed a two-year taught part-time M.Sc. course at Warwick University in Psychotherapy where I had to complete 350 supervised psychotherapy hours of work with clients at Speedwell Mental Health Centre and had to present all the case notes of my work. The case notes were records of my work as a psychotherapist predominantly using CBT methods with individuals, couples, families and groups. Further for this degree, I completed a research project entitled "A Study of the Factors that Contribute to General Practitioners' Detection of Mental Health and Their Decisions to Refer Patients for Psychotherapy". This examined the referral patterns of patients for psychotherapy/counselling in GP practices.
- viii) I presented this study at the Annual Meeting of the Society for Psychotherapy Research (UK) (as I was a member) in North Yorkshire at the end of March 1993. Further, in July 2003, I presented a paper to the SAPC Conference (a conference for G.Ps) in Manchester on behalf of StarNet entitled "The effects of Race and Sex on GPs' Referrals for Psychotherapy/Counselling". I also wrote a review for the book 'Employee Well-being Support: A Workplace Resource by A. Kinder, R. Hughes & C.L. Cooper (eds) in the British Journal of Guidance & Counselling Vol. 37, No 3, August 2009, 396-399. My PhD research was titled 'The Effectiveness of Brief Therapy Provided through an Employee Assistance Programme for a U.K. local authority: gender, age and professional status differences in outcome'. As part of this research, I conducted a major Stress audit for a large organisation. However, the main focus of the research was to examine the processes of change within brief therapy (max. 8 sessions) for clients receiving counselling/therapy via an Employee Assistance Programme. I have twice presented my interim findings from this research to the annual meeting of the Society for Psychotherapy Research (SPR) in Ravenscar, Yorkshire and the final results were presented to the AXA/ ICAs International Conference on 1st June 2009.
- ix) Also, in May 2007 I presented a paper from my PhD thesis, at the BACP annual conference in York entitled 'The Effectiveness of Brief Therapy in an EAP setting' and again at the same conference in Liverpool in 2011 with a paper entitled 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'. In October 2011, published an article: 'Evaluating brief therapy within an Employee Assistance Programme (EAP)' in Journal: Counselling at Work: Autumn 2011 pp 12-17.
- x) In June 2016 I presented this paper again at a conference entitled 'Male Psychology' organised by the BPS and following this my research was accepted for a journal due out shortly dedicated to Male

Psychology. A summary of the main body of my PhD research was published in the BACP journal – Counselling at Work – Autumn 2011 pp 12-17. I also presented the same paper to the Society for Psychotherapy Research UK Chapter 25th Annual Conference in Oxford, in September 2013. I have had a research paper published entitled: ‘Gender Difference in the Long-Term Outcome of Brief Therapy for Employees’ (New Male Studies: An International Journal Vol 5 Issue 2 2016 pp 88-110 – Australian Institute of Male Health & Studies).

- xi)** I have presented at the 2017 Annual British Psychological Society conference in May 2017 in Brighton; at the Male Psychology Annual Conference at UCL in June 2017 and at the Society for Psychotherapy Research UK & European Chapters 4th joint Conference in Oxford in September 2017 a paper entitled: 'The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). This has now been published in the online journal Psychreg Journal of Psychology, December 2020: entitled ‘Case Studies Demonstrating the Benefits of Expressive Writing in Treatment of PTSD and Other Traumas, particularly for Male Clients in Brief Therapy Settings’. In September 2019, presented a paper to BACP members of South London entitled: A Child’s Journey – The Importance of Dads.
- i)** From 1996 to May 2015, I was a Parent Governor and a Community Governor at my children’s old primary school (I have 4 boys aged 32-20 years), Downsview Primary School, Croydon, where I chair the Curriculum and Outdoor learning committees & sit on the Premises, School Expansion and Head-teacher Performance Committees. I have been the Governor responsible for Music, ITC, Maths, Science and After School clubs. I was also the Governor responsible for Child Protection, Outdoor Learning & Safety until the Governor Committee was re-constituted in April 2015 when I ended my role on the governor committee after nearly 20 years of service.
- ii)** I was a practising AMHP (Approved Mental Health Professional – formerly known as ASW – (Approved Social Worker) under the 1983 Mental Health Act), accredited until November 2019.
- iii)** I have been a qualified Social Worker since 1977 when I was a Home Office trained Probation Officer; a Chartered Counselling Psychologist since 1997 (BPS); a Chartered Scientist since 2007 (BPS); an Associate Fellow of the British Psychological Society since December 2011; a Fellow of the British Psychological Society since September 2017; an accredited psychotherapist since 2002 (MBACP) and now I am on the statutory register of practitioner psychologist & social worker (HCPC – Health & Care Professionals Council) valid to 31 May 2025 as a psychologist (ref: PYL22402) & valid 30 November, 2024 as a social worker (ref: SW00300). I also have an up-to-date unified Enhanced DBS certificate as a psychologist, social worker and foster carer. I have personal indemnity insurance.
- iv)** I was also on the committee of the Society for Psychotherapy Research (UK chapter) as Treasurer from 2013 to 2023 and am now an ordinary member of that Committee. As a Committee member have helped to organise two very successful International Conferences in Oxford in 2014 and 2017. I was also elected to represent the UK Chapter on the International SPR Finance Committee until 2023.
- v)** I was involved in promoting the introduction of a Male Psychology section in the British Psychological Society as I have seen the need to begin to better focus on the psychological needs of males in our society and am now on the Male Psychology Sector Committee of the BPS. I was also involved, through SPR, in developing cross-organisational communication concerning research into psychotherapy from many of the schools of psychotherapy. I am also part of a steering group within the Anna Freud Centre who are conducting a study into how to promote better psychological intervention for children in care within the fostering settings as I am a foster carer myself and have continued to be part of the steering committee for the follow-up main study.
- vi)** Thus since 13th December 2012 my wife and I have been approved to be foster carers by the National Fostering Agency to take children from ages 0-18 years old and to date we have provided a long-term placement for a 15-year-old mixed race boy until he was 17 years old who originally had drug &

alcohol problems and was suffering from ADHD & ODD (Oppositional Defiance Disorder) and was excluded from schooling but has settled down and has moved to independence living while continuing to visit us regularly. We then care for a Vietnamese refugee boy aged 15 years, having previously also cared for a 15-year-old Vietnamese refugee girl for 3 years. We are now caring for a 15-year Chinese boy who has Neurodivergence issues.

PUBLICATIONS AND PRESENTATIONS

- 1993 'A Study of the factors that contribute to General Practitioners' detection of Mental Health and their decisions to refer patients for psychotherapy'. Presented at the Annual Meeting of the Society for Psychotherapy Research (UK)
- 2003 'The effects of Race and Sex on GPs' Referrals for Psychotherapy/Counselling'. Presented a paper to the SAPC Conference (a conference for G.Ps) in Manchester on behalf of StarNet
- 2005 The Experiences of therapists using a new client-centred psychometric instrument, 'PSYCHLOPs' (Psychological Outcome Profiles).
Mark Ashworth, Susan I. Robinson, Emma Godfrey, Henk Parmentier, Melanie Shepherd, Jeremy Christey, Kevin Wright & Veronica Matthews
Counselling and Psychotherapy Research Vol 5 No 1 March 2005.
- 2009 Review for the book 'Employee Well-being Support: A Workplace Resource by A. Kinder, R. Hughes & C.L. Cooper (eds) in the British Journal of Guidance & Counselling Vol. 37, No 3, August 2009, 396-399.
- 2007 'The Effectiveness of Brief Therapy in an EAP setting – interim findings'. Presented at the BACP annual conference in York
- 2009 'The Effectiveness of Brief Therapy in an EAP Setting – Final Results'.
Presented at the Society for Psychotherapy Research (SPR) in Ravenscar, Yorkshire.
And at the AXA/ ICAs International Conference in June 2009.
- 2011 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'.
Presented at the BACP annual conference in Liverpool.
- 2011 A summary of the main body of my PhD research entitled 'The Effectiveness of Brief Therapy Provided through an Employee Assistance Programme for a U.K. Local Authority: gender, age and professional status differences in outcome' - BACP journal – Counselling at Work – Autumn 2011 pp 12-17.
- 2013 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'.
Presented at the Society for Psychotherapy Research UK Chapter Annual Conference in Oxford.
- 2014 'A Psychologist Abroad: Saddam – My role in his downfall – well – in the aftermath!'
A paper about my experiences teaching in Iraq and the problems related to providing a psychotherapy service under the present situation.
Presented at: 45th International Annual Conference for the Society for Psychotherapy Research, Copenhagen, Denmark
- 2016 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'.
Presented at a conference entitled 'Male Psychology' organised by the BPS.
- 2016 'Gender Difference in the Long-Term Outcome of Brief Therapy for Employees' published in New

- 2017 'The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT).
Presented at the 2017 Annual British Psychological Society conference in May 2017 in Brighton;
And at the Male Psychology Annual Conference at UCL in June 2017
And at the Society for Psychotherapy Research UK & European Chapters 4th joint Conference in Oxford in September 2017
- 2018 The Use & Benefits of Expressive writing in the treatment of PTSD & other Traumas in Brief therapy Settings.
Presented at: BACP South London Network Group Meeting
- 2018 'Why Male Psychology' with Dr John Barry to get researchers to include issues where results may differ if they look at gender differences.
Presented at: 2nd Cross Organisation Research Meeting: The Importance of Collaboration. Organised by the Society for Psychotherapy Research (UK) Chapter at Tavistock Clinic, London
- 2018 'A Boy's Journey: How to lead boys away from involvement in Gangs'.
Presented at BPS- 5th Annual Male Psychology Conference at UCL.
- 2019 'The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT).
Present at the 50th International Conference for the Society for Psychotherapy Research, Buenos Aires, Argentina, July 2019
At the BPS Trauma Conference, in September 2019
At the 5th Joint European & UK Chapter Conference for Society for Psychotherapy Research in Krakow, Poland, September 2019
- 2019 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'.
Presented at the 5th Joint European & UK Chapter Conference for Society for Psychotherapy Research in Krakow, Poland, September 2019.
- 2019 'A Child's Journey: How to lead boys away from involvement in Gangs'.
Presented to British Association for Counselling & Psychotherapy – South London Network Meeting, September 2019.
- 2020 'Case studies demonstrating the Benefits of Expressive writing in treatment of PTSD and other traumas, particularly for male clients in Brief Therapy settings' – Psychreg Journal of Psychology, December, Vol 4 Issue 3, 2020.
- 2022 Presented in person Paper at Society for Psychotherapy Research (UK Chapter) day conference in Leeds entitled: 'The Research validation for the psychological and physical health benefits of the use of Journal & Expressive Writing as adjuncts to normal therapy'.

Dr Kevin J.R. Wright Ph.D.

Chartered Counselling Psychologist, Chartered Scientist, Fellow

Fil.kand: BSc (Hons); PQSW; MA; MSc (Psychotherapy); Dip. Int. Psycho; MBACP; C. Psychol; C.Sci; FBPsS

BACP Accredited Counsellor/Psychotherapist; HCPC Registered & DBS checked

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