

## **CURRICULUM VITAE**

### **PERSONAL DETAILS:**

NAME: *Dr Timothy Acton*

QUALIFICATIONS: *BSc. (Hons.) Psychology (The Hatfield Polytechnic, 1978 – 1982)  
Diploma in Clinical Psychology (North West Thames Regional Health Authority & BPS: 1984 – 1987)  
Certificate in Cognitive Therapy (The Warneford Hospital / Univ. Oxford, 1996)  
D.Sci (Hon.), University of Hertfordshire 2022  
British Isles Dialectical Behaviour Therapy, 2006 and 2009  
EMDR Level III, EMDR Europe, 2013  
Chartered Clinical Psychologist, Associate Fellow, British Psychological Society*

### **EXPERIENCE:**

*2022 - Present Visiting Lecturer, University of Hertfordshire (Hon.)  
2018 – Present Senior Lecturer, Colombo Institute of Research & Psychology  
2014 – Present Founder & CEO, Therapy in Motion Ltd  
2008 – 2014 Head of Hertfordshire NHS Community Personality Disorder Service  
2004 – 2008 Lead Psychologist, North Essex Partnership Foundation NHS Trust  
1994 – 2004 Head of Adult (Acute) Mental Health Specialism, Barnet NHS  
1991 – 1994 Head of Clinical Psychology Specialty, Barnet NHS  
1991 – 1991 District Department of Clinical Psychology Team Leader, E. Herts, NHS  
1989 – 1990 Senior Clinical Psychologist, Barnet Health Authority, NHS  
1987 – 1989 Basic Grade Clinical Psychologist, Middlesex Hospital, Academic Dept. Psych.  
1984 – 1987 Trainee Clinical Psychologist  
1983 – 1984 Assistant Psychologist, Turner Village, Enfield NHS  
1982 – 1983 Research Assistant, Northwick Park Hospital, MRC*

### **MEDICO-LEGAL EXPERIENCE:**

#### *Expert assessment:*

*Single-event and multiple trauma, and associated disorders in adults  
Complex cases, e.g. for individuals with prior psychiatric history & post-accident trauma  
Personality issues and disorders  
Using DSM-5, ICD-10, and bespoke Case Conceptualisations  
Dental negligence*

#### *Report writing:*

*Short-form and extended personal injury reports*

## Chartered Clinical Psychologist

### *Court experience:*

*Examination in chief and cross-examination, Old Bailey  
Conference in chambers (multiple 2004-2022)  
Juror for 1 week, 2016*

### *Expert Witness Training:*

*Developing Witness Skills, Behavioural Sciences and Law Network, University of Southampton, June 1997  
Road Accidents and the Mind, Lyons Davidson Solicitors, September 1998  
Advanced Report Writing for Experts, CPIL, July 2004  
Marketing for the Expert Witness, Bond Solon, October 2005  
Courtroom Skills, Bond Solon, 2007  
Excellence in Written Evidence, Bond Solon, 2010  
Expert Witness Training: Courtroom Evidence, British Psychological Society, 2017  
Experts' Meetings, Bond Solon, 2018  
Expert Witness Training: Responsibilities & Business, British Psychological Society, 2018*

### **SPECIALIST EXPERIENCE:**

*Trauma Related Disorders  
Personality Disorders  
Adult Mental Health  
Child Mental Health  
Psychological Therapy (Cognitive Therapy; DBT; EMDR)  
Medico-Legal Assessment  
Courtroom skills training  
Professional Leadership  
HIV/AIDS / Sexual Health  
Chronic Pain Reports*

### **MEMBERSHIP OF PROFESSIONAL BODIES:**

*British Psychological Society (Mem No. 034151)  
Member of the Division of Clinical Psychology  
British Association of Behavioural and Cognitive Psychotherapy  
Health and Care Professions Council PYL01786  
ICO Registration number ZA089347*

### **AFFILIATIONS:**

*Association of Personal Injury Lawyers*